

# Communication No. 2382

## Single & Pair Skating Required Elements for Short Program 2021/22

Further to the postponement of the 2020 ISU Congress, the Short Program required elements for the coming three seasons were not announced.

However in order for Skaters/Couples to start preparing their programs, the Single & Pair Skating Technical Committee would like to announce the Short Program required elements below so that Skaters can start planning their season already.

### Rule 611

3. The Junior Short Program shall consist of the following required elements shall consist of the following required elements, which form three groups. The groups that are effective on July 1<sup>st</sup> of each year are:

#### 2021-2022

##### Men

- a) Double or triple Axel Paulsen;
- b) Double or triple Flip jump;
- c) Jump combination consisting of a double and a triple jump or two triple jumps;
- d) Flying sit spin;
- e) Camel spin with only one change of foot;
- f) Spin combination with only one change of foot;
- g) Step sequence fully utilizing the ice surface.

##### Ladies

- a) Double Axel Paulsen;
- b) Double or triple Flip jump;
- c) Jump combination consisting of two double jumps or one double and one triple jump or two triple jumps;
- d) Flying sit spin;
- e) Layback / sideways leaning spin or camel spin without change of foot;
- f) Spin combination with only one change of foot;
- g) Step sequence fully utilizing the ice surface.

### Rule 620

2. **The Senior Short Program** shall consist of the following required elements, which form three groups. The groups that are effective on July 1<sup>st</sup> of each year are:

#### 2021-2022

- a) Any hand to hand lift take-off (Group Four);
- b) Twist lift (double or triple);
- c) Throw jump (double or triple);
- d) Solo jump (double or triple);
- e) Solo spin combination with only one change of foot;
- f) Death spiral backward outside;
- g) Step sequence fully utilizing the ice surface;

**3. The Junior Short Program** shall consist of the following required elements, which form three groups. The groups that are effective on July 1st of each year are:

**2021-2022**

- a) Any hand to hand lift take-off (Group Four)
- b) Twist lift (double or triple)
- c) Double or triple Salchow throw jump
- d) Double Flip or double Axel solo jump
- e) Solo spin combination with only one change of foot
- f) Death spiral backward outside
- g) Step sequence fully utilizing the ice surface

Tubbergen,  
March 4, 2021  
Lausanne,

**Jan Dijkema**, President

**Fredi Schmid**, Director General